FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number	3235-02								

287 Estimated average burden hours per response: 0.5

## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					UI	Sectio	11 30(11	) OI LITE	e ilives	suneni	COIII	Jany Act	01 194	ŧU									
1. Name and Address of Reporting Person*  RYAN JAMES C						2. Issuer Name and Ticker or Trading Symbol GRAY TELEVISION INC [ GTN ]											5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
(Last) 4370 PE	,	irst) ROAD,NE	(Middle)		3. Date of Earliest Transaction (Month/Day/ 02/04/2006											X	belov	er (give title v) P & Chief F	Finan	below)			
(Street) ATLAN (City)			30319 (Zip)		4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)										. Indivi ine) X	Form	lual or Joint/Group Filing (Check Applicabl Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Nor	n-Deriv	/ative	Sec	uriti	es A	cauir	red. D	Disp	osed o	of. or	Bene	efici	ally (	Owne	ed					
1. Title of Security (Instr. 3)  2. Transa Date						action 2A. Dee Execution Execution 2ay/Year) if any		eemed ution Date,		B. Fransact Code (In B)	4. Secur		rities Acquired (A) ed Of (D) (Instr. 3, 4		(A) o	or 5. Am Secur Benef Owne Repor		ount of ties cially I Following ted action(s)	Forn (D) c	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						_			۳	Joue	_	Amount		(D)	File		(Instr. 3 and 4)						
Common	Stock (GT)					$\dashv$								5,000			D						
Common												3,024 <sup>(1)</sup>			D								
		T	able II - [ )	Deriva e.g., p													vned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	ed Date,	4. Transa Code ( 8)	ction	1		6. Dat	6. Date Exercisal Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price o Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exerc	cisable	Exp Dat	oiration e	Title	Amou Numb Share	er of								
Options- Common Stock (GTN)	\$9.82 <sup>(2)</sup>								01/07	7/2004	01/	07/2007	GTN	28,57	75 <sup>(2)</sup>			28,575 <sup>(2)</sup>		D			
Options- Common Stock (GTN)	\$9.58 <sup>(2)</sup>								09/30	0/2004	09/	30/2007	GTN	22,86	60 <sup>(2)</sup>			22,860 <sup>(2)</sup>		D			
Common Stock (GTN)	\$10.93 <sup>(2)</sup>								11/20	0/2005	11/	20/2008	GTN	12,85	59 <sup>(2)</sup>			12,859 <sup>(2)</sup>		D			
Options- Common Stock (GTN)	\$9.71 <sup>(2)</sup>								06/07	7/2005	06/	07/2010	GTN	35,71	19 <sup>(2)</sup>			35,719 <sup>(2)</sup>		D			

## **Explanation of Responses:**

- 1. Held in 401K plan and based on plan statement as of 12/31/05.
- 2. Reflects anti-dilution adjustment undertaken as a result of the spin-off completed on December 30, 2005.

## Remarks:

J.S. Cowart IV by power of attorney

02/07/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.